

# PROJECT DESCRIPTION

## Understanding Conflict Resolution

This project is designed to introduce conflict resolution strategies and provide an opportunity to resolve a conflict scenario within an interactive activity.

**Purpose:** The purpose of this project is to develop or enhance your understanding of the steps and strategies to address conflict.

**Overview:** Complete the conflict resolution video activity in the project. Prepare a 5- to 7-minute speech to discuss how you manage conflict, how you can develop a stronger strategy, and your best attributes in a conflict situation. You may also share the impact of the video activity. Your speech may be humorous, informational, or any style that appeals to you. This project is not a report on or a critique of the content of this project.

**This project includes:**

- A conflict resolution video activity
- A 5- to 7-minute speech

